

National Aromatherapy Week

22nd March to 28th March 2010

National Event Guide

Date	Event	Venue	Contact
Monday 22 nd March	Free mini-Aromatherapy Facials 12.30 to 5.00pm	Obus Wellness Centre Leixlip, Co Kildare	01-628 21 21 www.obus.ie
Date to be confirmed	Hospice Day of Free Hand Massage	Newry, Co Down	Heather Lamour Cun123@tiscali.co.uk
Date to be confirmed	Free mini-Aromatherapy Facials 10.30 to 4.00pm	Munster Massage School Bruff, Co Limerick	Siobhan Keenaghan 087-2695967 www.munstermassageschool.ie
Monday 22 nd March	Free mini Aromatherapy Facials 2.00pm to 4.00pm	Ballymote Family Resource Centre Sligo	Martina Connolly Body Wisdom School, Sligo 087-418 27 88 www.bodywisdom.ie
Tuesday 23 rd March	Free Aromatherapy Back Massage 12.30 to 5.00pm	Obus Wellness Centre Leixlip, Co Kildare	01-628 21 21 www.obus.ie
Date to be confirmed	Learning Difficulties Charity Women's Pamper evening	Newry, Co Down	Heather Lamour Cun123@tiscali.co.uk
Tuesday 23 rd March	Free mini Aromatherapy Foot Massage 4.00pm to 6.00pm	Oncology Department General Hospital Letter Kenny, Co Donegal	Martina Connolly Body Wisdom School, Sligo 087-418 27 88 www.bodywisdom.ie
Wednesday 24 th March	Free Aromatherapy Foot Massage 12.30 to 5.00pm	Obus Wellness Centre Leixlip, Co Kildare	01-628 21 21 www.obus.ie
Date to be confirmed	Educational Evening with the Women's Institute	Newry, Co Down	Heather Lamour Cun123@tiscali.co.uk
Date to be confirmed	Aromatherapy Demonstration and free hand massages 10.30 to 3.00pm	Munster Massage School Bruff, Co Limerick	Siobhan Keenaghan 087-2695967 www.munstermassageschool.ie
Wednesday 24 th March	Free hand massage 10.00 to 12.00 noon	Alzheimer's Day Care Centre, Sligo	Martina Connolly Body Wisdom School, Sligo 087-418 27 88 www.bodywisdom.ie
Wednesday 24 th March	Free mini Aromatherapy Facials 2.00pm to 5.00pm	Body Wisdom School 7 Mail Couch Road Sligo	Martina Connolly Body Wisdom School, Sligo 087-418 27 88 www.bodywisdom.ie
Thursday 25 th March	Free half hour Aromatherapy treatment of your choice 10.00am to 4.30pm	Obus Wellness Centre Leixlip, Co Kildare	01-628 21 21 www.obus.ie
Date to be confirmed	Educational talk to the Carer's of People with Alzheimer's – how aromatherapy can help with stress. Free hand massages	Newry, Co Down	Heather Lamour Cun123@tiscali.co.uk

Thursday 25 th March	Free Aromatherapy back massage 6.00pm to 8.00pm	Body Wisdom School 7 Mail Couch Road Sligo	Martina Connolly Body Wisdom School, Sligo 087-418 27 88 www.bodywisdom.ie
Friday 26 th March	Free half hour Aromatherapy treatment of your choice 10.00am to 4.30pm	Obus Wellness Centre Leixlip, Co Kildare	01-628 21 21 www.obus.ie
Date to be confirmed	€15.00 off any one hour Aromatherapy treatment of your choice 9.00am to 5.30pm	Munster Massage School Bruff, Co Limerick	Siobhan Keenaghan 087-2695967 www.munstermassageschool.ie
Friday 26 th March	Free Aromatherapy Foot Massage 2pm to 6pm	Body Wisdom School 7 Mail Couch Road Sligo	Martina Connolly Body Wisdom School, Sligo 087-418 27 88 www.bodywisdom.ie
Saturday 27 th March	€15.00 off any one hour Aromatherapy treatment of your choice 9.00am to 5.30pm	Obus Wellness Centre Leixlip, Co Kildare	01-628 21 21 www.obus.ie
Saturday 27 th March	Free mini Aromatherapy Neck, Shoulders and Head Massage 10.00am to 5.00pm	Quay Side Shopping Centre Sligo	Martina Connolly Body Wisdom School, Sligo 087-418 27 88 www.bodywisdom.ie
Sunday 28 th March	€15.00 off any one hour Aromatherapy treatment of your choice 9.00am to 5.30pm	Obus Wellness Centre Leixlip, Co Kildare	01-628 21 21 www.obus.ie
Sunday 28 th March	Free mini Aromatherapy Neck, Shoulders and Head Massage 12.00 to 4.00pm	Quay Side Shopping Centre Sligo	Martina Connolly Body Wisdom School, Sligo 087-418 27 88 www.bodywisdom.ie